



THE STAR

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START THE NEW YEAR RELAXED & REFRESHED WITH THE DARLING SPA'S LINE UP OF RESTORATIVE NEW TREATMENTS

Organise a special day out with your best friends, visit with a loved one or treat yourself to a solo day of pampering and indulgence at The Star Sydney's award-winning spa

One of the oldest and most luxurious spas in Sydney, **The Darling Spa at The Star Sydney** is inviting guests to start the New Year right by feeling refreshed and restored with its comprehensive new range of luxurious treatments and packages on offer, designed to bring harmony to the mind, body and spirit.

After the challenges of the past year, a solo spa day, a trip with your friends or quality time with a loved one being pampered is exactly what we're all craving. So, to help ensure that we start the next 12-months on the right foot, The Darling Spa has worked with leading skincare expert, BABOR to develop a new range of luxurious facials and relaxing massages designed to leave guests with bright, glowing skin, a peaceful mind and a soul that's content.

As well as indulging and unwinding with a treatment, guests of The Darling Spa are welcome to spend time in the Zen Lounge, a quiet space for meditation, and the Tea Room where guests can choose from a variety of soothing teas and light snacks. A state-of-the-art outdoor swimming pool and an additional Jacuzzi located on Level 5 of The Darling Hotel are also open for spa guests to use.

A selection of The Darling Spa's newest treatments to help you feel relaxed, renewed and refreshed from head to toe, include:

DARLING CLEANFORMANCE FACIAL

60 minutes, \$200

Treat yourself to The Darling Cleanformance Facial and in return get glowing, healthy and radiant skin. This BABOR facial is a vegan and clean effective treatment suitable for all skin types that incorporates pre and probiotics, as well as the antioxidant benefits of red maple extract.

DARLING SIGNATURE REVERSIVE FACIAL

90 minutes, \$360

Using the BABOR Pro-Youth Reversive range, The Darling Signature Reversive Facial combats the most visible signs of skin aging such as wrinkles, loss of elasticity, tired and dull skin in need of regeneration by prolonging the lifespan of skin cells and reactivating the skin's anti-aging mechanisms, leaving the skin refined and radiant with a perfected and youthful complexion.



REVIVAL MEN'S PACKAGE

90 minutes, \$290

Incorporating a back exfoliation, steam, massage and facial, the Revival Men's package is a complete and indulgent treatment which works to repair, hydrate, soothe and strengthen the skin. An exfoliation, steam and massage will relax the back muscles. It's then followed by a hydrating facial using Doctor BABOR Hydro Cellular range which works to stabilise moisture levels and optimises the skin's moisture-binding potential. This facial treatment also incorporates a Collagen Biomatrix Fleece face mask to intensively plump the skin and reduce the appearance of lines and wrinkles for a smoother, more radiant complexion.

VITAL ENERGY TREATMENT

75 minutes, \$250

The Vital Energy treatment is perfect for those in need of an energy boost, as it looks after and cares for the areas which need it the most, also known as the zone therapy areas—hands, feet and head—to recharge the body, soothe the mind and enhance overall radiance. This package incorporates an energizing foot treatment, a hand treatment and a glowing facial.

OZEAN JOURNEY TREATMENT

90 minutes, \$280

120 minutes, \$370

A body package designed for complete rejuvenation this treatment commences with an invigorating full body exfoliation for fresh and renewed skin in preparation for the body to then be cocooned in a green algae cream wrap to provide intense hydration leaving the skin plump and rejuvenated. While the body is wrapped a scalp massage offers further relaxation. Your treatment is then completed with a full body relaxation massage to release any remaining tension and leave you feeling nourished from head to toe.

HOT STONE MASSAGE

90 minutes, \$255

A gentle rhythmic relaxation massage incorporating hot volcanic stones. The therapist skilfully integrates stones with pressure points and circular movements that work to ground and uplift the body's energy while working to relieve muscular tightness and stress. This massage will leave you feeling balanced, renewed and profoundly relaxed.

THE DARLING COUPLES BATH RITUAL

60 minutes, \$500 per couple, 90 minutes, \$600 per couple

Designed to alleviate anxiety, restore peace and tranquillity, The Darling Couples Bath Ritual is the ideal treatment for couples who would love some quality time to focus on themselves and their relationship. The couple will enjoy a private bath together infused with essential oil, before experiencing a body massage that will provide the ultimate in relaxation for both the body and mind.

For more information on The Darling Spa's newest treatments and to make a booking, please visit:

<https://www.star.com.au/sydney/hotels-and-spa/the-darling/spa>

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