



MAY WE SPOIL  
YOU DARLING?

THE DARLING SPA

# COME IN AND UNWIND

Welcome to your luxurious spa haven.  
A place where it's all about you.

## **THE DARLING SPA**

Your Darling Spa journey starts with a simple promise – to relax, restore and rejuvenate. Our treatments and packages are all about luxurious pampering that take you to a place of wellness and harmony – to reconnect your body, your mind and your soul (also known as heaven on earth). Your new self is waiting inside; simply leave your old self at the door.

## **LOCATION**

The Darling Spa is located on level 2 of The Darling Hotel at The Star Sydney. Please follow the signs to The Daring Hotel as you are coming through The Star.

## **PARKING**

As a valued spa guest we will validate your self-parking ticket for the day of your spa booking. Please self-park your car in The Star carpark, entry off Pirrama Road, and remember to bring your parking ticket along with you.

## **ARRIVAL**

Please arrive a minimum of 15 minutes prior to your treatment start time in order to complete a consultation form and get changed into your robe and slippers.

If you would like to make use of any additional facilities during your visit to the spa we recommend arrival of a minimum of 45 minutes prior to your treatment booking time. Please see the spa staff on the day who will escort you to the facilities.

## **CANCELLATION POLICY**

Valid credit card details are required at the time of booking in order to confirm your reservation for our cancellation policy.

A minimum of 24 hours' notice is required for cancellation or reschedule of spa bookings. If cancellation occurs within 24 hours a 50% charge of the booked treatments will apply. Abandoned bookings will be charged at 100%.

## **BABOR**

The BABOR professional skincare range features high-performance formulations for maximum effectiveness and precise results.

BABOR is an established leader in cosmetic development. The precision formulas and customised skincare solutions deliver tangible and visible results making BABOR an expert in skincare for the spa and home.

BABOR's highly innovative formulations are enhanced by the professional expertise of our BABOR therapists to provide outstanding results and a uniquely indulgent experience.

## **LI'TYA INDIGENOUS SPA RITUALS**

Australia's own unique and authentic spa and wellness brand – Li'Tya – is now part of our exclusive treatment and product range. Based on sacred wisdom Li'Tya, meaning 'of the earth,' has been respectfully developed by indigenous elders using pure Australian botanicals, extracts and essences.

Our therapists have been trained by Li'tya to provide healing rituals that purify and rejuvenate, enhancing your skin's health and whole wellbeing.

# BABOR FACIALS

Babor is dedicated to the beautiful.  
Products. People. Planet.

## **DARLING CLEANFORMANCE FACIAL**

60MINUTES

A vegan, clean and effective facial for all skin types, let your skin glow with our remedy. Clean and green meets beauty performance with this BABOR facial. Incorporating pre and pro biotics for healthy skin together with the antioxidant benefits of red maple extract this experience will provide strong, healthy and radiant skin.

**\$200**

## **REPAIR CELLULAR FACIAL**

60MINUTES

Suitable for all skin types including dry, delicate and mature complexions. This facial is a focused and effective treatment targeted at intensive regeneration and care for tired, dull and stressed skin with lasting effects and visible results. The treatment focuses on the promotion of optimal skin healing and assists with the minimisation of damage and imperfections by stimulating cell renewal. This facial also strengthens the skin and supports recovery from daily stressors.

This therapy is appropriate for cosmetic pre-and post-operative care and for the care of the skin after high-tech cosmetic treatment stimulating the skin for faster regeneration for a visibly refined complexion.

**\$220**



LI'TYA FACIALS

## **MIKIRI OCEAN RENEWAL FACIAL**

60MINUTES

Drawing on powerful nutrient rich marine elements to heal and strengthen the skin. This facial works to deeply cleanse and hydrate the skin. Marine Collagen, Kelp, Marine Algae and Mother of Pearl extract works as an anti-aging element to deeply cleanse and exfoliate the skin. Mother of Pearl also acts as an anti-aging element due to its high content of essential amino-acids. A specially prescribed deep cleansing mask is applied to offer superior refining and clarifying of the skin while you relax with your choice of hand massage or a foot massage. The powerful Aboriginal-inspired pressure point massage for the face and shoulders will leave you completely relaxed. A second face mask is then applied to hydrate and soothe the skin while you receive a scalp massage to complete this ritual of serenity to leave your skin cleansed, renewed, nourished and revitalized.

**\$190**

## **DIHLBI AGE DEFYING FACIAL**

60MINUTES

Regenerate and revive with this antioxidant packed facial. Drawing upon some of Australia's most powerful botanical extracts through modern extraction methods this facial delivers deep cellular support and nourishment. Utilising Li'Tya's advanced Dihlbi age defying serum to firm and brighten followed by a rhythmic pressure point facial massage with the nourishing Vitality Vitamin Cream mask packed with vitaMINUTES A, C & E. You will see an instant glow and visible long-lasting hydration.

**\$210**

## **LI'TYA YIRRI**

75MINUTES

This dynamic, results driven facial will leave your skin purified, hydrated and velvety smooth. This treatment combines Australian native ingredients such as Tasmanian Kelp, Wild Rosella and Old man weed extract, and is packed with antioxidants and nourishes with deeply penetrating botanical oils. These are delivered through potent treatment elixirs and specialised herbal masks, and infused with therapeutic massage techniques to optimise the delivery of botanical actives, stimulate circulation and regeneration. This facial is targeted at anyone needing a complete skin boost. LI'TYA PAUDI Scalp massage completes this ritual of serenity to leave your skin cleansed, renewed, nourished and revitalized.

**\$210**



## FOR HIM

We offer a range of unique  
and effective treatments  
dedicated to the needs of men.

Our masculine treatments  
de-stress the body, rejuvenate  
the skin and calm the mind.

## **MIKIRI KUNMI FACIAL**

60MINUTES

A deeply cleansing and refining treatment to eliminate toxins, renew, restore and nourish the skin. A tailor-made facial for the individual that targets specific problem areas, such as sensitivities, dehydration, and congestion, with the use of herbal masks, a revitalizing facial and scalp massage inspired by traditional Aboriginal techniques. Nourishing Munthari Lotion is massaged into the hands or feet to complete this indulgent experience.

**\$190**

## **MARRI MARLI FACIAL AND BACK TREATMENT**

90MINUTES

A soothing and uplifting experience for all skin types that incorporates the back and face. A steam exfoliation and massage softens and soothes the tired muscles of the back. The facial treatment invigorates the skin and targets any problem areas. This facial integrates Australian Native essential oils and pure botanicals that work to nourish, soothe, strengthen and heal the face from the harsh effects of shaving and everyday life.

**\$240**



PACKAGES

## **LI'TYA LOWANNA**

Hand Treatment | Foot Treatment |  
Express Facial

75MINUTES

This exceptional treatment combines three of the most popular LI'TYA treatments in wonderful unison to create a deluxe pampering experience. Included is the LI'TYA MIJI JINA foot treatment, LI'TYA MIJI POLAMA hand treatment and the LI'TYA MIRRI facial. The perfect combination for those in need of serious pampering. Caring for all the zone therapy areas - hands, feet and head - will recharge the body and enhance overall radiance.

**\$250**

## **LI'TYA YANKO JINDALEE**

Full Body Exfoliation | Body Moisturise |  
Scalp Massage | Express Facial

75MINUTES

An energising full body exfoliation therapy to recharge, cleanse and revitalize the body. With your choice of one of our Australian Native Aromatic Oils blended with our Desert Salts, your skin will be left cleansed and purified. Then wash away stress before hydrating Cherry Alder Body Lotion leaves you skin silky smooth. This treatment also includes a tailored facial to deeply cleanse, plump, smooth and hydrate the skin. The mind melting LI'TYA PAUDI scalp massage with our nourishing Quandong hair mask eases the body of any remaining tension. A truly superior experience for the face and body.

**\$250**

## **LI'TYA MALA MAYI**

Full Body Exfoliation | Mud Wrap |  
Scalp Treatment | Express Massage

**90MINUTES**

Unwind, invigorate and celebrate with this complete body rejuvenation experience. After a restorative exfoliation with your choice of Australian Desert Salts and Aromatic Oils, your body will be cocooned in a warm layer of your chosen mineral-rich body mud. Then drift away to another realm with an Aboriginal inspired LI'TYA PAUDI scalp treatment massage. Your treatment is completed with an uplifting rhythmic LI'TYA KODO full body massage to release any remaining tension and leave your skin deeply nourished and renewed from head to toe.

**\$280**

## **LI'TYA THE DREAMING**

Full Body Exfoliation | Mud Wrap |  
Full Body Massage | Scalp Treatment |  
Hand & Foot Treatment | Facial

**3HOURS**

Relax, revitalize and rejoice with our signature treatment to reconnect the body, mind and soul, from head to toe. The ritual includes LI'TYA MIJI JINA Foot, LI'TYA MALA MAYI Body Wrap, LI'TYA KODO Body massage, LI'TYA PAUDI Head massage, LI'TYA MIRRI Facial and LI'TYA MIJI POLAMA hand treatment. Surrender yourself to the ultimate renewal and potency of this experience through the power of nourishing Australian native plant essential oils and extracts, cleansing earth ochres and purifying desert salts. Embracing traditional Aboriginal healing techniques, these deeply therapeutic treatments work to nurture, revive and restore. The Dreaming is a truly all-encompassing treatment journey.

**\$580**

# MASSAGE

The Darling Spa offers one of a kind signature treatments designed for luxurious relaxation. You will simply fall in love with them.

## **BESPOKE MASSAGE**

Customised Therapeutic Massage

60/90MINUTES

Our internationally skilled and experienced massage therapists can tailor a therapeutic massage based on a thorough consultation and postural assessment.

**\$205/265**

## **LI'TYA KODO**

Relaxtion Massage

60/90MINUTES

This rhythmic body massage is inspired by traditional Aboriginal techniques which work to balance and re-align energy flow, enhancing mind and body wellness. A combination of pressure points and spiralling movements ground and uplift, working to relieve muscular aches and pains while leaving the body renewed and refreshed. A choice of native aromatic oils is prescribed to address your individual needs - to rejuvenate, harmonise or detoxify.

**\$195/\$255**

## **LI'TYA KODO ROCKS**

Hot Stone Massage

90MINUTES

Rhythmic Kodo body massage inspired by traditional Indigenous techniques tones and re-aligns energy flow, enhancing mind, body balance and wellness. The therapist skillfully integrates rocks with pressure points and spiralling movements that work to ground and uplift, leaving the body's energies in a euphoric state. The powerful healing properties of these special rocks, integrated with the Kodo, combines to achieve powerful healing within the body, relieving muscular, physical and emotional tension. A choice of native aromatic oils addresses individual guest needs to rejuvenate, reharmonize or detoxify.

**\$255**

## LI'TYA MARMA KODO

Pregnancy Massage\*

60/90MINUTES

Pregnancy Massage – This nurturing and rhythmic body massage is inspired by traditional Aboriginal techniques which enhances mind and body balance and wellness.

LI'TYA MARMA KODO works gently, combining aspects of the LI'TYA KODO pressure points and spiralling movements to ground, uplift and gently relieve built up tension within the body. Our specially crafted Macadamia and Camellia oil blend is used in this treatment to nurture the mum to be.

**\$195/\$255**

## LI'TYA OCEAN DREAMING BATH

60MINUTES WITH  
30MIN BATH & 30MIN MASSAGE

90MINUTES WITH  
30MIN BATH & 60MIN MASSAGE

Relax and unwind in this revitalising bath oil blend containing sandalwood to soothe and relieve the skin while rebalancing your body and mind.

The treatment commences with you and your partner in our couples suite enjoying a private bath. Your therapists will then join you in the couples room for a relaxing massage.

This treatment is designed to alleviate anxiety, restore peace and tranquility, allowing you time to focus on yourselves.

**\$500 PER COUPLE/  
\$600 PER COUPLE**

\*Pregnant guests must be in their second trimester in order to experience a massage.



# ENHANCEMENTS

Elevate your experience by adding an enhancement at The Darling Spa. Enhancements can only be added to an existing spa treatment.

## **LI'TYA MIRRI**

Express Facial

30MINUTES

Integrating Australian native ingredients such as Lillypilly, Tasmanian Kelp and Macadamia, this is an ideal pick me up treatment to cleans and nourish your skin. Perfect after a long flight, late nights, or whenever skin could benefit from a boost of TLC, the LI'TYA MIRRI Facial is perfect to combine with other treatments.

**\$110**

## **BACK, NECK & SHOULDER MASSAGE**

30MINUTES

Ease tension where you need it most with this fast-acting de-stressing treatment.

Personalised to your unique needs, this targeted massage with pure aromatherapy blends, relaxes tense muscles, re-energises your body and calms your mind.

Includes: Massage to the back, neck and shoulders.

**\$110**

## **LI'TYA YANKO**

Full Body Exfoliation

30MINUTES

Australian native aromatic oils blended with Desert Salts to exfoliate, this full body energising scrub will invigorate your skin. Followed by soothing rain shower and whole-body application of nourishing cream, your skin will be left silky smooth and supple. This is a sensory experience for the body which leaves skin invigorated and glowing.

**\$110**

## **LED LIGHT MASK**

20MINUTES

Complement your facial with the best of technology; LED light promotes faster cell turnover, deep oxygenation, and collagen and elastin production for instantly rejuvenated skin.

Your therapist will assess your skin and recommend the most suitable light wavelength for optimal results.

**\$150**

## **LI'TYA JINA BOORANG**

Foot Treatment

30MINUTES

A wonderfully rejuvenating and relaxing treat for your feet. Beginning the treatment with a Jiga Jina foot soak rich in Vitamin C, your feet will be cleansed and purified. Using our ancient sea salts your feet will be scrubbed to stimulate and exfoliate followed by an application of our Pepperberry Pedi Mask to hydrate and nourish. Our peppermint refining foot lotion leaves the feet feeling light, fresh and tension free.

**\$65**

## **LI'TYA POLAMA KURRAWA**

Hand Treatment

30MINUTES

Rescue tired, rough and parched hands with this intensive, soothing, and replenishing treatment for hands and lower arms. Beginning with a skin softening hand soak using Sea Salts and essential oils of Frangipani and Ylang Ylang, followed by a skin smoothing Mother of Pearl exfoliation to renew and regenerate before the application of a deep nourishing mask using Tasmanian Kelp to leave skin soft. Finish with a hand massage for lower arms and hands that removes every ounce of stress.

**\$65**

# SPA FACTS

Everything you need to know  
about The Darling Spa.

## RESERVATIONS

We welcome in-house hotel guests, members of The Star Club and the public to enjoy our spa. In order to avoid disappointment and secure a spa reservation, we recommend you book your spa treatments at least 48 hours in advance.

To ensure your treatment is personalised, please notify the staff upon reservation for any therapist preference, allergies, medical conditions or pregnancy.

You can make your spa reservation by completing the treatment request form online or by calling us directly on +61 2 9657 8088.

## MOBILE PHONES AND ELECTRONIC DEVICES

For the comfort of other spa guests please turn off your mobile phone and electronic devices when you check in.

## AGE REQUIREMENT

Guests must be 16 years of age or older to enter the spa and gym facilities.

## THE STAR CLUB

Member of The Star Club? Simply present your card to enjoy generous discounts (Bronze 10%, Silver 15%, Gold 20% and Platinum 30%).

Not a Member?

Visit The Star Club Desk to join today. Terms and conditions apply, see [thestarclub.com.au](http://thestarclub.com.au)

## FACILITIES

We encourage you to get the most out of your spa time by making use of our two relaxation rooms: the Zen Lounge and the Tea Room, as well as our steam room, Jacuzzi and heated Moroccan Hammam chamber.

The beautiful outdoor swimming pool and an additional Jacuzzi are on Level 5 of The Darling Hotel. If you would like to use our wet facilities please bring your swimwear.

We provide change rooms fully equipped with lockers, robes, slippers, towels and hair and body products.

You are welcome to enjoy these areas before or after your spa treatment.

## PAYMENT METHODS

We accept cash, credit cards, debit cards, Casino Dollars and gift cards. In-room charge is accepted from hotel guests. Gratuity is not included and entirely left to your discretion.

Please note, a 0.8% credit card surcharge will apply to all credit card transactions.

## PRICE

The spa has the right to modify prices on treatments without prior notification, to ensure that standards of service and quality are met.

## THE DARLING SPA GIFT CARDS

Gift certificates are valid for 3 years from the date of issue and are not transferable or redeemable for cash. **The spa will not replace gift cards if lost or stolen.**

The full value of the gift certificate may be partially redeemed over the validity period but must be fully redeemed by the expiry date. Unused balance on the gift card after the expiry date will not be refunded.

Gift cards can be used towards spa treatments or retail products.

If the cost of the treatment or product exceeds the value of the gift certificate, you can pay the difference. Please visit [thestar.com.au](http://thestar.com.au) for more information and to order your gift certificate online.

If you wish to purchase a gift card directly from the spa you will need to visit us in person at the spa reception and our reception team will be happy to assist with your purchase and issue your gift card instantly.

For gift card purchases over the phone please contact the hotel reservations team on 1800 700 700 and follow the prompts to hotel reservations who are able to take over the phone payment and will post the voucher out to your home address.

Star club discounts are not applicable to gift card purchases. Casino Dollars and points are not accepted as payment for gift cards.

