

A large, textured orange circle is centered on a light blue background. The circle has a fine, grainy texture, similar to paper or fabric. Inside the circle, the text "MAY WE SPOIL YOU DARLING?" is written in a white, serif font, centered horizontally and vertically.

MAY WE SPOIL
YOU DARLING?

THE DARLING SPA



STEP INSIDE AND UNWIND

This is your exclusive
spa haven, crafted entirely
around your wellbeing.



RESERVATIONS

We welcome in-house hotel guests, Star Club members, and the public to enjoy our spa. To avoid disappointment, we recommend booking your treatments at least 48 hours in advance.

To help us personalise your experience, please advise at the time of booking of any therapist preference, allergies, medical conditions, or pregnancy, as some treatments may not be suitable.

Reservations can be made online via our online treatment request form or by calling +61 2 9657 8088. Please note a minimum booking requirement of 60 minutes per person applies.

MOBILE PHONES AND ELECTRONIC DEVICES

For the comfort of other spa guests please turn off your mobile phone and electronic devices when you enter The Darling Spa.

AGE REQUIREMENT

Guests must be 16 years of age or older to enter the spa and gym facilities.

LOCATION

The Darling Spa is located on level 2 of The Darling Hotel at The Star Sydney. Please follow the signs to The Darling Hotel as you are coming through The Star.

PARKING

As a valued spa guest, we will validate your self-parking ticket for the day of your spa booking. Please self-park your car in The Star carpark, entry off Pirrama Road, and remember to bring your parking ticket along with you.

ARRIVAL

Please arrive a minimum of 20 minutes prior to your treatment start time in order to complete a consultation form and get changed into your robe and slippers.

FACILITIES

We invite you to make the most of your spa experience by enjoying our relaxation facilities, including the Zen Lounge, Tea Room, Steam Room, and Jacuzzi.

You may also access the outdoor swimming pool and additional Jacuzzi located on Level 5 of The Darling Hotel.

For use of the wet facilities, please bring your swimwear. Our change rooms are fully equipped with lockers, robes, slippers, towels, and hair and body amenities. You are welcome to enjoy these facilities before or after your treatment for 2 hours.

THE STAR CLUB

As a member of The Star Club simply present your card to enjoy generous discounts (Silver 15%, Gold 20%, Platinum 30%, Diamond 50%).

Discounts may not be available in conjunction with certain offers and promotions. Discounts do not apply to special group bookings and cannot be used for bookings of more than two people, including the member/cardholder. The cardholder must be receiving a spa treatment to receive the discount.

Not a Member?

Visit The Star Club Desk to join today. Terms and conditions apply, see thestarclub.com.au Star club discounts are not available in conjunction with any other offer or discount.

PRICE

The spa has the right to modify prices on treatments without prior notification, to maintain service and quality standards in line with a luxury Hotel Spa.

COUPLE'S ROOM

Please note that a charge of \$20 per person applies for couple's room reservations, except for the Spa Dates Packages.

LATENESS & CANCELLATION POLICY

Please note that late arrival may result in a reduction of your treatment time to ensure we remain on schedule for our next guest.

The full treatment fee will still apply as per the original booking. Valid credit card details are required at the time of booking to confirm your reservation for our cancellation policy.

All cancellations and changes require a minimum of 24 hours' notice for standard bookings. Cancellation or changes made within the notice period will incur the full cost of the original treatment.

PAYMENT METHODS

We accept cash, credit cards, debit cards, Casino Dollars and gift cards. In-room charge is accepted from hotel guests. Gratuity is not included and entirely left to your discretion.

PUBLIC HOLIDAYS

15% surcharge applies to each treatment booked on a Public Holiday.



OUR BRANDS

BABOR

The BABOR professional skincare range features high-performance formulations for maximum effectiveness and precise results.

BABOR is an established leader in cosmetic development. The precision formulas and customised skincare solutions deliver tangible and visible results making BABOR an expert in skincare for the spa and home.

BABOR's highly innovative formulations are enhanced by the professional expertise of our BABOR therapists to provide outstanding results and a uniquely indulgent experience.

THE DARLING SYDNEY



RETREATMENT BOTANICS

Retreatment Botanics award-winning skincare range was created in the beautiful Bundjalung hinterland of Byron Bay by Olivia Newton-John, Trudi Jaye and their team of natural skin science experts.

Rich in potent active Australian Botanic ingredients, without toxins, palm-oil (and its derivatives) or harmful practices.

Retreatment Botanics formulas utilise a high concentration of vitamins and antioxidants naturally found within Australian native botanicals and scientifically balance these in the optimal dose, giving rise to products that heal, protect and restore skin health.



BABOR FACIALS (FOR HIM & HER)

BABOR is dedicated to the beautiful.
Products. People. Planet.



MICROBIOMIC/PURIFY FACIAL

60 MINUTES

Balance and boost your skin's natural defenses with the synergy of Pre-, Pro-, and Postbiotics in this barrier-repairing facial.

Designed to support a healthy microbiome, this treatment restores radiance, calms sensitivity, and leaves your skin glowing with vitality.

MON-FRI \$250
SAT & SUN \$270

HYDRATE & PLUMP FACIAL

60 MINUTES

This facial uses high-performance skincare to effectively replenish and restore balance to the skin's moisture levels by stimulating the skin's hyaluronic acid synthesis while strengthening the natural protective barrier.

The results of this facial produce intense hydration for a fresh complexion while creating plump, smooth and supple skin.

MON-FRI \$320
SAT & SUN \$340

PRO LONGEVITY FACIAL

90 MINUTES

This intensive facial boost cell renewal and strengthens the skin's barrier, leaving your complexion revitalized, smooth, and renewed.

This facial supports the skin's own natural rejuvenation mechanisms and helps to plump the skin surface with marine collagen resulting in firmer looking, smoother and more youthful looking skin structure.

Reveal radiant, revitalized skin powered by the advanced Triple Pro Retinol Complex, this facial delivers a potent yet gentle boost of skin renewing ingredients to smooth fine lines and skin texture, refine pores, promote a healthy youthful glow.

MON-FRI \$350
SAT & SUN \$370

DOCTOR BABOR LIFT & FIRM FACIAL

90 MINUTES

This luxury facial uses the BABOR Lift & Firm range, developed as an anti-aging skincare series to comprehensively combat the most visible signs of skin aging combining high-performance active ingredients in a lifting complex.

Targeting wrinkles, loss of elasticity, tired and dull skin in need of regeneration as well as stressed skin in need of protection the results of this facial are a more even skin tone and a reduced wrinkle depth creating tighter, firmer and smoother skin.

This innovative luxury treatment prolongs the lifespan of skin cells and reactivates the skins anti-aging mechanisms leaving the skin refined and radiant with a perfected and youthful complexion.

**MON-FRI \$420
SAT & SUN \$440**

BRIGHT & GLOW FACIAL

60 MINUTES

This facial treatment targets early signs of aging, focusing on uneven skin tone, pigmentation spots, and complexion irregularities.

The Doctor BABOR Bright & Glow Resurface range moisturizes and rejuvenates in synergy, shielding the skin from premature aging caused by environmental factors.

This curated blend of products promotes a refreshed, even skin tone, delivering deep soothing and preventing irritation-induced aging, resulting in a radiant, luminous complexion.

**MON-FRI \$320
SAT & SUN \$340**

SEACREATION FACIAL

90 MINUTES

Permissible indulgence, modern luxury and precisely coordinated active ingredients from the deep sea are at the heart of this treatment. Experience the best in relaxation with surprising cool and warm temperatures and the unique BABOR Expert Method to achieve a firm, toned, luxuriously plump and smoothed skin.

This treatment provides a dimension of luxury care for an all-encompassing anti-aging effect by reducing the existing signs of aging.

The SeaCreation range penetrates deep into the skin to optimise antioxidant processes, increase collagen content and promotes cell regeneration.

**MON-FRI \$590
SAT & SUN \$610**

RETREATMENT
BOTANICS
BOTANICS FACIAL
(FOR HIM & HER)

SIGNATURE CELLULAR REGENERATION FACIAL

90 MINUTES

Our Signature facial treatment focuses on deep cleansing, exfoliation and skin nourishment through the application of a powerful Collagen Gold Lifting Sheet Mask.

The steps to purify, illuminate and balance the skin are combined with gentle rituals to calm and nurture body and mind with massage techniques and signature natural aromatics.

**MON-FRI \$360
SAT & SUN \$380**

CRYOTHERAPY FIRMING FACIAL

90 MINUTES

Our cold therapy facial sculpts and tightens the skin for an instant lifting effect.

This powerful treatment stimulates blood flow and lymphatic drainage to minimise skin and the eye area puffiness while supporting collagen production.

The cooling sensation calms redness and soothes inflammation so is perfect for clients presenting with skin sensitivity.

**MON-FRI \$360
SAT & SUN \$380**

BRIGHTENING ENZYME FACIAL

60 MINUTES

Ideal for clarifying, soothing and balancing pH levels to repair skin barrier function.

This treatment provides the benefits of a thorough cleansing ritual, exfoliation and facial masque with nurturing massage, pure essential aromas and compressing rituals.

**MON-FRI \$250
SAT & SUN \$270**

BODY PACKAGES
(FOR HIM & HER)

REVIVE & RESTORE

Back Exfoliation, Steam & Massage | Facial

90 MINUTES

A hydrating and soothing experience for all skin types this treatment incorporates both the face and back.

An exfoliation, steam and massage will work to loosen and relax the back muscles. The back massage is then followed by our Brightening Enzyme Facial by Retreatment Botanics. Ideal for clarifying, soothing and balancing pH levels to repair skin barrier function.

This treatment provides the benefits of a thorough cleansing ritual, exfoliation and facial masque with nurturing massage, pure essential aromas and compressing rituals. An indulgent treatment which works to repair, hydrate, sooth and strengthen the skin from everyday life.

**MON-FRI \$340
SAT & SUN \$360**

RADIANCE RENEWAL

Full Body Exfoliation | Express Full Body Massage | Express Facial

90 MINUTES

Commencing with a full body peeling to recharge, cleanse and renew the skin the body is then treated to an express relaxation massage incorporating a firming body cream to hydrate, firm and smooth the skin while promoting skin elasticity and suppleness.

The treatment concludes with a Mini Glow Express Facial to intensively hydrate the skin while strengthening the natural barrier to preserve the balance of the skin's microbiome to visually correct irregularities.

Your skin will be left refreshed and renewed with a healthy, glowing complexion.

**MON-FRI \$340
SAT & SUN \$360**

NOURISH & GLOW

Full Body Exfoliation | Body Wrap Scalp Massage | Full Body Massage

2 HOURS

A body package designed for complete rejuvenation this treatment commences with an invigorating full body pink Himalayan salt exfoliation for fresh and renewed skin in preparation for the body to then be cocooned in an organic clay mask wrap to cleanse, tone and detoxify leaving the skin plump and rejuvenated.

While the body is wrapped a scalp massage is then performed for further relaxation. Your treatment is then completed with a full body calm & restore massage to release any remaining tension and leave you feeling nourished from head to toe.

**MON-FRI \$420
SAT & SUN \$440**

*Pregnant guests must be in their second trimester in order to experience a massage.

THE DARLING SYDNEY

DARLING ESSENTIAL DE-STRESS

Full Body Massage | Facial

2 HOURS

An exquisite treatment that will leave your muscles relaxed and your skin radiant, hydrated and glowing. A full body calm & restore massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation.

Your skin is then treated to an intense hydrating facial using the BABOR Microbiomic Facial is to provide radiance and vitality. Balance and boost your skin's natural defenses with the synergy of Pre-, Pro-, and Postbiotics in this barrier-repairing facial. The perfect combination of treatments to leave you with a sense of wellbeing and revitalisation.

MON-FRI \$470
SAT & SUN \$490

DEEP SERENITY – TOP TO TOE

Full Body Exfoliation & Body Wrap Scalp Massage | Full Body Massage | Facial

3 HOURS

Our signature luxury experience, this package is the ultimate indulgence treating the body from top to toe. Your journey commences with an energetic fully body exfoliation to remove any impurities and prepare the skin to then be wrapped in a thermal lactic clay body mask. While the body is wrapped a scalp treatment is performed to ensure complete relaxation.

Following the wrap, the ritual continues with a full body relaxation massage to unlock tension and restore balance while infusing Rose and Sandalwood seed oils to leave the skin firm, supple and beautifully nourished. The experience concludes with a brightening facial using the Retreatment Botanics range to leave your complexion hydrated, healthy and glowing. This indulgent package works to nurture, relax, revive and restore, a truly all-encompassing journey.

MON-FRI \$630
SAT & SUN \$650

FULL BODY POLISH

Full Body Exfoliation | Body Infusion

60 MINUTES

Be invigorated with a full body exfoliation. This mineral-rich treatment stimulates circulation to renew and rejuvenate the skin. Cleanse and soften your skin with our natural oil extracts packed with antioxidants and shea butter.

This exfoliation will help to naturally exfoliate your skin, leaving it cleansed, softened and refreshed. The treatment is then completed with long flowing strokes to release tension and dissipate stress while infusing Vanilla body butter. Your skin is left revitalised, soft and silky smooth, from head to toe.

MON-FRI \$250
SAT & SUN \$270

*Pregnant guests must be in their second trimester in order to experience a massage.

THE DARLING SYDNEY

COME IN AND UNWIND

Welcome to your luxurious spa haven.
A place where it's all about you.

TENSION RELIEF MASSAGE

Customised Therapeutic Massage

Designed to relieve muscle tension, this massage combines light to firm pressure with skilled techniques using elbows and knuckles. It works into the deeper muscle layers to ease stiffness, restore mobility, and leave the body feeling renewed and relaxed.

60MINS | MON-FRI \$250

SAT & SUN \$270

90MINS | MON-FRI \$330

SAT & SUN \$350

CALM & RESTORE MASSAGE

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. With light to medium pressure and slow-moving strokes your therapist will release unwanted tension and relax your mind and body.

60MINS | MON-FRI \$240

SAT & SUN \$260

90MINS | MON-FRI \$310

SAT & SUN \$330

*Pregnant guests must be in their second trimester in order to experience a massage.

THE DARLING SYDNEY

THE DARLING SIGNATURE MASSAGE

A rhythmic full body massage which works to balance and align energy flow providing ultimate relaxation for the body and the mind.

A combination of pressure points and spiralling movements alleviates muscular pressure while leaving the body renewed and refreshed.

**60MINS | MON-FRI \$260
SAT & SUN \$280**

**90MINS | MON-FRI \$320
SAT & SUN \$340**

HOT STONE MASSAGE

A gentle rhythmic 90-minute relaxation massage incorporating hot volcanic stones.

The therapist skilfully integrates stones with pressure points and circular movements that work to ground and uplift the body's energy while working to relieve muscular tightness and stress.

This massage will leave you feeling balanced, renewed and profoundly relaxed.

**90MINS | MON-FRI \$320
SAT & SUN \$340**

MATERNITY MASSAGE

Pregnancy Massage*

This nurturing and rhythmic body massage enhances overall wellness and promotes mind and body balance.

Using a combination of relaxation massage techniques and flowing strokes this tension-relieving massage will bring relief to where mothers-to-be need it most.

This is recommended for 12 weeks to 36 weeks.

**60MINS | MON-FRI \$240
SAT & SUN \$260**

**90MINS | MON-FRI \$310
SAT & SUN \$330**

*Pregnant guests must be in their second trimester in order to experience a massage.

THE DARLING SYDNEY



SPA DATES
(FOR HIM & HER)



THE DARLING COUPLES BATH RITUAL

30 minute Bath | 30 minute Massage
60 MINUTES

30 min Bath | 60 min Massage
90 MINUTES

The treatment commences with you and your partner in our couple's suite enjoying a private bath infused with essential oil.

Your therapists will then join you in the couple room to perform a light to medium pressure calm & restore massage.

This treatment is designed to alleviate anxiety, restore peace and tranquillity, allowing you time to focus on yourselves and provide ultimate relaxation for both the body and mind.

**60MINS | MON-FRI \$600
SAT & SUN \$620**

**90MINS | MON-FRI \$700
SAT & SUN \$720**

JUST THE TWO OF US

Full Body Exfoliation
Full Body Massage | Express Facial

2 HOURS

This luxurious experience begins in the VIP suite, where all your treatments will be performed side by side.

In privacy of our couple's suite, you'll be treated to an invigorating full body exfoliation to leave your skin feeling soft and refreshed.

Follow by The Darling Signature full body massage to release tension and get your blood circulation and energy flow moving again. A luxurious The Express Facial finishes your journey for two leaving refreshed and renewed.

**MON-FRI \$930
SAT & SUN \$950**

COUPLE'S ESCAPE

30-minute Bath Soak | 90-minute Darling
Signature Massage | 60-minute Doctor BABOR
Microbiomic Facial

3 HOURS

An amazing spa experience for two beginning in the VIP suite enjoying a private spa bath infused with essential oil.

Then you will experience our Darling Signature Massage which is a combination of pressure points and spiralling movements alleviates muscular pressure while leaving the body renewed and refreshed.

Your treatment is then completed with the Doctor BABOR Microbiomic Facial leaving the skin restore its natural radiance and glowing with vitality.

**MON-FRI \$1,510
SAT & SUN \$1,530**

*Pregnant guests must be in their second trimester in order to experience a massage.

THE DARLING SYDNEY

ENHANCEMENTS

Elevate your experience by adding an enhancement at The Darling Spa.

Enhancements can only be added to an existing 60 minute or 90-minute spa treatment.

MINI GLOW FACIAL

A naturally derived cosmeceutical treatment to restore a healthy radiant glow.

This treatment is suitable for all skin types and developed to combat dull and dehydrated skin. Using the Retreatment Botanics range this facial works to strengthen the skins natural barrier, provide moisture and leave to skin looking smooth, radiant, and healthy.

This facial is available as an add-on treatment.

**30 MINUTES MON-FRI
\$150 SAT & SUN \$170**

BACK, NECK & SHOULDER MASSAGE

Ease tension where you need it most with this fast-acting treatment to calm and de-stress.

Personalised to your unique needs, this targeted massage with pure aromatherapy blends, relaxes tense muscles, re-energises your body and calms your mind. Includes: Massage to the back, neck and shoulders.

This massage is available as an add-on treatment.

**30 MINUTES MON-FRI \$140
SAT & SUN \$160**

HEAD MASSAGE

Focusing on the scalp and neck, this treatment helps to improve circulation, ease muscle tightness, and promote a sense of overall wellbeing.

**15 MINS | MON-FRI \$55
SAT & SUN \$75**

**30 MINS | MON-FRI \$110
SAT & SUN \$130**

LED LIGHT MASK

15 MINUTES

Complement your facial with the best of technology; LED light promotes faster cell turnover, deep oxygenation, and collagen and elastin production for instantly rejuvenated skin.

Your therapist will assess your skin and recommend the most suitable light wavelength for optimal results.

**MON-FRI \$120
SAT & SUN \$140**

ENERGIZING FOOT TREATMENT

30 MINUTES

A wonderfully rejuvenating and relaxing treat for your feet. Beginning the treatment with a scrub to stimulate and exfoliate the skin.

This is followed by an application of a lactic clay thermal mask to warm, hydrate and nourish. The feet are then treated to a foot massage and the application of an energizing foot balm to leave the feet feeling light, fresh and tension free.

This foot treatment is available as an add-on treatment.

**MON-FRI \$120
SAT & SUN \$140**

NOURISHING HAND TREATMENT

30 MINUTES

Rescue tired, rough and parched hands with this intensive, soothing, and replenishing treatment.

Beginning with a hand and lower arm exfoliation to renew and regenerate before the application of a deep nourishing clay thermal mask to leave skin soft, hydrated and renewed.

The treatment is completed with a moisturising hand cream massaged into the lower arms and hands to remove any remaining stress.

This hand treatment is available as an add-on treatment.

**MON-FRI \$120
SAT & SUN \$140**

THE DARLING SPA

LEVEL 2,
THE DARLING,
80 PYRMONT STREET
PYRMONT
NSW 2009