

THE DARLING SPA



COME IN
AND UNWIND

Welcome to your luxurious spa haven.
A place where it’s all about you.



RESERVATIONS

We welcome in-house hotel guests, members of The Star Club and the public to enjoy our spa. In order to avoid disappointment and secure a spa reservation, we recommend you book your spa treatments at least 48 hours in advance.

To ensure your treatment is personalised, please notify the staff upon reservation for any therapist preference, allergies, medical conditions or pregnancy as some treatments may not be suitable.

You can make your spa reservation by completing the treatment request form online or by calling us directly on +61 2 9657 8088.

Please note we have a minimum booking requirement of 60 minutes per person.

MOBILE PHONES AND ELECTRONIC DEVICES

For the comfort of other spa guests please turn off your mobile phone and electronic devices when you check in.

AGE REQUIREMENT

Guests must be 16 years of age or older to enter the spa and gym facilities.

LOCATION

The Darling Spa is located on level 2 of The Darling Hotel at The Star Sydney. Please follow the signs to The Darling Hotel as you are coming through The Star.

PARKING

As a valued spa guest, we will validate your self-parking ticket for the day of your spa booking. Please self-park your car in The Star carpark, entry off Pirrama Road, and remember to bring your parking ticket along with you.

ARRIVAL

Please arrive a minimum of 20 minutes prior to your treatment start time in order to complete a consultation form and get changed into your robe and slippers.

FACILITIES

We encourage you to get the most out of your spa time by making use of our two relaxation rooms: the Zen Lounge and the Tea Room, as well as our Steam Room and Jacuzzi.

The beautiful outdoor swimming pool and an additional Jacuzzi are on Level 5 of The Darling Hotel. If you would like to use our wet facilities please bring your swimwear. We provide change rooms fully equipped with lockers, robes, slippers, towels and hair and body products.

You are welcome to enjoy these areas before and/or after your spa treatment. For use prior to your booking we recommend a minimum of 1 hour early arrival.

THE STAR CLUB

As a member of The Star Club simply present your card to enjoy generous discounts (Bronze 10%, Silver 15%, Gold 20%, Platinum 30%, Diamond 50%).

Not a Member?

Visit The Star Club Desk to join today. Terms and conditions apply, see thestarclub.com.au

Star club discounts are not available in conjunction with any other offer or discount.

PRICE

The spa has the right to modify prices on treatments without prior notification, to ensure that standards of service and quality are met.

CANCELLATION POLICY

Valid credit card details are required at the time of booking in order to confirm your reservation for our cancellation policy.

We understand that plans change, so if you wish to reschedule or cancel your treatment time, please contact us by calling: 02 9657 8088 at least 24 hours prior to your treatment time to avoid the 100% cancellation fee.

PAYMENT METHODS

We accept cash, credit cards, debit cards, Casino Dollars and gift cards. In-room charge is accepted from hotel guests. Gratuity is not included and entirely left to your discretion. Please note, a 0.8% credit card surcharge will apply to all credit card transactions.

GIFT CARDS

Gift cards are now available for purchase online and can be issued immediately as a digital gift card or a physical card can be posted to your nominated home address.

Please visit The Star website for more information www.star.com.au/sydney/about-us/star-gift-cards

The full value of the gift certificate may be partially redeemed over the validity period but must be fully redeemed by the expiry date. Unused balance on the gift card after the expiry date will not be refunded.

Star Club discounts are not applicable to gift card purchases. Casino Dollars and points are not accepted as payment for gift cards.

Gift cards are valid for three (3) years from the date of issue and are not transferable or redeemable for cash. **Gift cards will not be replaced if lost or stolen**. Please see The Star website for full terms and conditions.



OUR BRANDS

BABOR

The BABOR professional skincare range features high-performance formulations for maximum effectiveness and precise results.

BABOR is an established leader in cosmetic development. The precision formulas and customised skincare solutions deliver tangible and visible results making BABOR an expert in skincare for the spa and home.

BABOR's highly innovative formulations are enhanced by the professional expertise of our BABOR therapists to provide outstanding results and a uniquely indulgent experience.



RETREATMENT BOTANICS

Retreatment Botanics award-winning skincare range was created in the beautiful Bundjalung hinterland of Byron Bay by Olivia Newton-John, Trudi Jaye and their team of natural skin science experts.

Rich in potent active Australian Botanic ingredients, without toxins, palm-oil (and its derivatives) or harmful practices.

Retreatment Botanics formulas utilise a high concentration of vitamins and antioxidants naturally found within Australian native botanicals and scientifically balance these in the optimal dose, giving rise to products that heal, protect and restore skin health.



An additional $20 per person fee for treatments in the couples room will apply, except for The Darling Couples Bath Ritual.

BABOR FACIALS

BABOR is dedicated to the beautiful.
Products. People. Planet.



DARLING CLEANFORMANCE FACIAL

60 MINUTES

A vegan, clean and effective facial for all skin types, let your skin glow with our remedy. Clean and green meets beauty performance with this BABOR facial. Incorporating pre and pro biotics for healthy skin together with the antioxidant benefits of red maple extract this experience will provide strong, healthy and radiant skin.

MON-FRI $230
SAT & SUN $250

REPAIR CELLULAR FACIAL

60 MINUTES

Suitable for all skin types including dry, delicate and mature complexions. This facial is a focused and effective treatment targeted at intensive regeneration and care for tired, dull and stressed skin with lasting effects and visible results.
The treatment focuses on the promotion of optimal skin healing and assists with the minimisation of damage and imperfections by stimulating cell renewal. This facial also strengthens the skin and supports recovery from daily stressors.

This therapy is appropriate for cosmetic pre-and post-operative care and for the care of the skin after high-tech cosmetic treatment stimulating the skin for faster regeneration for a visibly refined complexion.

MON-FRI $250
SAT & SUN $270

An additional $20 per person fee for treatments in the couples room will apply, except for The Darling Couples Bath Ritual.

PRECIOUS SERIES FACIAL

75 MINUTES

This facial celebrates slow aging using a powerful combination of high-performance active ingredients to invigorate, plump and firm the skin. This Darling Spa exclusive facial allows our skincare experts to customise this experience through the application of the iconic BABOR Precious Ampoule Collection specifically selected for your skin.

Offering the skin intensive benefits of the most precious metals including rose gold, gold and platinum the skin cells are given the necessary energy boost to fight the signs of time. This treatment is an effective slow aging journey with a high relaxation factor. A precious treatment for precious skin.

MON-FRI $300
SAT & SUN $320

REGENERATING FACIAL

75 MINUTES

This facial uses an active External Growth Factor concentrate encouraging biometric peptides that stimulate growth factors within the skin to ensure a stronger connection between the dermis and epidermis resulting in improved elasticity as well as the regeneration and formation of collagen and elastin in the skin. This facial supports the skin's own natural rejuvenation mechanisms and helps to plump the skin surface with marine collagen resulting in firmer looking, smoother and more youthful looking skin structure.

A regenerating treatment to target the visible signs of aging with a focus on improving volume loss, reducing the appearance of lines and wrinkles while strengthening the skin tissues and improving elasticity.

MON-FRI $310
SAT & SUN $330

An additional $20 per person fee for treatments in the couples room will apply, except for The Darling Couples Bath Ritual.

DOCTOR BABOR LIFT & FIRM FACIAL

90 MINUTES

This luxury facial uses the BABOR Lift & Firm range, developed as an anti-aging skincare series to comprehensively combat the most visible signs of skin aging combining high-performance active ingredients in a lifting complex.

Targeting wrinkles, loss of elasticity, tired and dull skin in need of regeneration as well as stressed skin in need of protection the results of this facial are a more even skin tone and a reduced wrinkle depth creating tighter, firmer and smoother skin.

This innovative luxury treatment prolongs the lifespan of skin cells and reactivates the skins anti-aging mechanisms leaving the skin refined and radiant with a perfected and youthful complexion.

MON-FRI $395
SAT & SUN $415

BRIGHT & GLOW FACIAL

90 MINUTES

This facial treatment targets early signs of aging, focusing on uneven skin tone, pigmentation spots, and complexion irregularities.

The Doctor BABOR Bright & Glow Resurface range moisturizes and rejuvenates in synergy, shielding the skin from premature aging caused by environmental factors.

This curated blend of products promotes a refreshed, even skin tone, delivering deep soothing and preventing irritation-induced aging, resulting in a radiant, luminous complexion.

MON-FRI $395
SAT & SUN $415

SEACREATION FACIAL

90 MINUTES

Permissible indulgence, modern luxury and precisely coordinated active ingredients from the deep sea are at the hear of this treatment. Experience the best in relaxation with surprising cool and warm temperatures and the unique BABOR Expert Method to achieve a firm, toned, luxuriously plump and smoothed skin.

This treatment provides a dimension of luxury care for an all-encompassing anti-aging effect by reducing the existing signs of aging.
The SeaCreation range penetrates deep into the skin to optimise antioxidant processes, increase collagen content and promotes cell regeneration.

MON-FRI $571
SAT & SUN $591

An additional $20 per person fee for treatments in the couples room will apply, except for The Darling Couples Bath Ritual.

RETREATMENT BOTANICS SPA FACIAL TREATMENTS

SIGNATURE CELLULAR REGENERATION FACIAL

90 MINUTES

Our Signature facial treatment focuses on deep cleansing, exfoliation and skin nourishment through the application of a powerful AHA sheet masque. The steps to purify, illuminate and balance the skin are combined with gentle rituals to calm and nurture body and mind with massage techniques and signature natural aromatics.

MON-FRI $330
SAT & SUN $350

CRYOTHERAPY FIRMING FACIAL

90 MINUTES

Our cold therapy facial sculpts and tightens the skin for an instant lifting effect. This powerful treatment stimulates blood blow and lymphatic drainage to minimise skin and the eye area puffiness while supporting collagen production. The cooling sensation calms redness and soothes inflammation so is perfect for clients presenting with skin sensitivity.

MON-FRI $340
SAT & SUN $360

BRIGHTENING ENYME FACIAL

60 MINUTES

Ideal for clarifying, soothing and balancing pH levels to repair skin barrier function. This treatment provides the benefits of a thorough cleansing ritual, exfoliation and facial masque with nurturing massage, pure essential aromas and compressing rituals.

MON-FRI $230
SAT & SUN $250

Enjoy a complimentary skincare gift, the Deluxe Mini Collection, when you book any Retreatment Botanics Facial.

FOR HIM

We offer a range of unique
and effective treatments
dedicated to the needs of men.
Our masculine treatments
de-stress the body, rejuvenate
the skin and calm the mind.

HYDRO CELLULAR MEN'S FACIAL

60 MINUTES

This facial uses high-performance skincare to effectively replenish and restore balance to the skin's moisture levels by stimulating the skin's hyaluronic acid synthesis while strengthening the natural protective barrier.

The results of this facial produce intense hydration for a fresh complexion while creating plump, smooth and supple skin.

MON-FRI $260
SAT & SUN $280

REVIVAL PACKAGE

Back Exfoliation, Steam & Massage | Facial

90 MINUTES

A hydrating and soothing experience for all skin types this treatment incorporates both the face and back. An exfoliation, steam and massage will work to loosen and relax the back muscles. The back massage is then followed by a hydrating facial using Doctor BABOR Hydro Cellular range which works to stabilise moisture levels and optimises the skin's moisture-binding potential. This facial treatment also incorporates a Collagen Biomatrix Fleece face mask to intensively plump the skin and reduce the appearance of lines and wrinkles for a smoother more radiant complexion.

An indulgent treatment which works to repair, hydrate, sooth and strengthen the skin from the harsh effects of shaving and everyday life.

MON-FRI $320
SAT & SUN $340

An additional $20 per person fee for treatments in the couples room will apply, except for The Darling Couples Bath Ritual.

PACKAGES

VITAL ENERGY

Hand treatment | Foot Treatment | Facial

75 MINUTES

Created to soothe the body and mind this experience combines treatments for areas which need it the most. In wonderful unison this package incorporates an energizing foot treatment, a shaping hand treatment and a Cleanformance Facial.

The perfect combination of those in need of an energy boost, caring for the zone therapy areas – hands, feet, head – this treatment will recharge the body and enhance overall radiance.

MON-FRI $280
SAT & SUN $300

ERDE BALANCE

Full Body Exfoliation | Express Full Body Massage | Express Facial

90 MINUTES

Commencing with a full body peeling to recharge, cleanse and renew the skin the body is then treated to an express relaxation massage incorporating a firming body cream to hydrate, firm and smooth the skin while promoting skin elasticity and suppleness.

The treatment concludes with a Healthy Glow Express Facial to intensively hydrate the skin while strengthening the natural barrier to preserve the balance of the skin's microbiome to visually correct irregularities. Your skin will be left refreshed and renewed with a healthy, glowing complexion.

MON-FRI $320
SAT & SUN $340

OZEAN JOURNEY

Full Body Exfoliation | Body Wrap | Scalp Massage | Full Body Massage

90 MINUTES INCLUDES
30 MINUTE MASSAGE

120 MINUTES INCLUDES
60 MINUTE MASSAGE

A body package designed for complete rejuvenation this treatment commences with an invigorating full body exfoliation for fresh and renewed skin in preparation for the body to then be cocooned in a green algae cream wrap to provide intense hydration leaving the skin plump and rejuvenated.

While the body is wrapped a scalp massage is then performed for further relaxation. Your treatment is then completed with a full body relaxation massage to release any remaining tension and leave you feeling nourished from head to toe.

90MINS I MON-FRI $310
SAT & SUN $330

120MINS I MON-FRI $400
SAT & SUN $420

An additional $20 per person fee for treatments in the couples room will apply, except for The Darling Couples Bath Ritual.
*Pregnant guests must be in their second trimester in order to experience a massage.

DARLING ESSENTIAL DE-STRESS

Full Body Massage | Facial

2 HOURS

An exquisite treatment that will leave your muscles relaxed and your skin radiant, hydrated and glowing.

A full body massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Your skin is then treated to an intense hydrating facial using the BABOR Hydro Cellular range to provide a long-lasting moisture boost.

This treatment is amplified with a collagen fleece mask to reduce the signs of aging and improve skin density and firmness.

The perfect combination of treatments to leave you with a sense of wellbeing and revitalisation.

MON-FRI $450
SAT & SUN $470

DEEP SERENITY – TOP TO TOE

Full Body Exfoliation & Body Wrap
Scalp Massage |Full Body Massage | Facial

3 HOURS

Our signature luxury experience, this package is the ultimate indulgence treating the body from top to toe. Your journey commences with an energetic fully body exfoliation to remove any impurities and prepare the skin to then be wrapped in a thermal lactic clay body mask. While the body is wrapped a scalp treatment is performed to ensure complete relaxation. Following the wrap, the ritual continues with a full body relaxation massage to unlock tension and restore balance while infusing Rose and Sandalwood seed oils to leave the skin firm, supple and beautifully nourished. The experience concludes with a brightening facial using the Retreatment Botanics range to leave your complexion hydrated, healthy and glowing. This indulgent package works to nurture, relax, revive and restore, a truly all-encompassing journey.

MON-FRI $610
SAT & SUN $630

DETOXIFYING BODY POLISH

Full Body Exfoliation| Body Infusio

60 MINUTES

Be invigorated with a full body Native Wattle seed, Coffee and Coconut Sugar exfoliation. This mineral-rich treatment stimulates circulation to renew and rejuvenate the skin. Caffeine rich green coffee extract helps illuminate toxins and dilate blood vessels under the skin to reduce the appearance of cellulite and fluid retention. Australian Macadamia oil, rich in fatty acids, deeply nourishes and rehydrates the skin. The treatment is then completed with long flowing strokes to release tension and dissipate stress while infusing vitamin C rich wild Kakadu cream. Your skin is left revitalised, soft and silky smooth, from head to toe.

MON-FRI $230
SAT & SUN $250

An additional $20 per person fee for treatments in the couples room will apply, except for The Darling Couples Bath Ritual.
*Pregnant guests must be in their second trimester in order to experience a massage.

COME IN
AND UNWIND

Welcome to your luxurious spa haven.
A place where it’s all about you.

DEEP TISSUE MASSAGE

Customised Therapeutic Massage

60 MINUTES
90 MINUTES

Our internationally skilled and experienced massage therapists can tailor a therapeutic full body massage based on a thorough consultation and postural assessment to provide a targeted massage focusing on areas of concern.

60MINS I MON-FRI $235
SAT & SUN $255

90MINS I MON-FRI $295
SAT & SUN $315

RELAX MASSAGE

60 MINUTES
90 MINUTES

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience.

With slow moving strokes your therapist will release unwanted tension and relax your mind and body.

60MINS I MON-FRI $225
SAT & SUN $245

90MINS I MON-FRI $285
SAT & SUN $305

An additional $20 per person fee for treatments in the couples room will apply, except for The Darling Couples Bath Ritual.
*Pregnant guests must be in their second trimester in order to experience a massage.

THE DARLING SIGNATURE MASSAGE

60 MINUTES
90 MINUTES

A rhythmic full body massage which works to balance and align energy flow providing ultimate relaxation for the body and the mind.

A combination of pressure points and spiralling movements alleviates muscular pressure while leaving the body renewed and refreshed.

60MINS I MON-FRI $245
SAT & SUN $265

90MINS I MON-FRI $305
SAT & SUN $325

HOT STONE MASSAGE

90 MINUTES

A gentle rhythmic relaxation massage incorporating hot volcanic stones. The therapist skilfully integrates stones with pressure points and circular movements that work to ground and uplift the body's energy while working to relieve muscular tightness and stress.

This massage will leave you feeling balanced, renewed and profoundly relaxed.

MON-FRI $300
SAT & SUN $320

MATERNITY MASSAGE

Pregnancy Massage*

60 MINUTES
90 MINUTES

This nurturing and rhythmic body massage enhances overall wellness and promotes mind and body balance.

Using a combination of relaxation massage techniques and flowing strokes this tension-relieving massage will bring relief to where mothers-to-be need it most.

60MINS I MON-FRI $225
SAT & SUN $245

90MINS I MON-FRI $285
SAT & SUN $305

An additional $20 per person fee for treatments in the couples room will apply, except for The Darling Couples Bath Ritual.
*Pregnant guests must be in their second trimester in order to experience a massage.

SPA DATES



THE DARLING COUPLES BATH RITUAL

30 minute Bath I 30 minute Massage
60 MINUTES

30 min Bath I 60 min Massage
90 MINUTES

The treatment commences with you and your partner in our couple's suite enjoying a private bath infused with essential oil. Your therapists will then join you in the couple room to perform a relaxation massage.

This treatment is designed to alleviate anxiety, restore peace and tranquility, allowing you time to focus on yourselves and provide ultimate relaxation for both the body and mind.

60MINS I MON-FRI $580
SAT & SUN $600

90MINS I MON-FRI $680
SAT & SUN $700

JUST THE TWO OF US

Full Body Exfoliation
Full Body Massage| Express Facial

2 HOURS

This luxurious experience begins in the VIP suite, where all your treatments will be performed side by side. In privacy of our couples suite, you'll be treated to an invigorating full body exfoliation to leave your skin feeling soft and refreshed. Follow by The Darling Signature full body massage to release tension and get your blood circulation and energy flow moving again.
A luxurious The Express Facial finishes your journey for two leaving refreshed and renewed.

MON-FRI $910
SAT & SUN $930

DATE NIGHT

Bath Soak
90 minute Darling Signature Massage
90 minute Doctor Babor Firm & Lift Facial

3 HOURS 30 MINUTES

An amazing spa experience for two beginning in the VIP suite enjoying a private spa bath infused with essential oil. Then you will experience our Darling Signature Massage which is a combination of pressure points and spiralling movements alleviates muscular pressure while leaving the body renewed and refreshed.
Your treatment is then completed with the Luxurious Doctor Babor Lift & Firm Facial leaving the skin refined and radiant with a perfected and youthful complexion.

MON-FRI $1510
SAT & SUN $1530

An additional $20 per person fee for treatments in the couples room will apply, except for The Darling Couples Bath Ritual.
*Pregnant guests must be in their second trimester in order to experience a massage.

ENHANCEMENTS

Elevate your experience by adding
an enhancement at The Darling Spa.
Enhancements can only be added
to an existing spa treatment.

HEALTHY GLOW EXPRESS FACIAL

30 MINUTES

A naturally derived cosmeceutical treatment to restore a healthy radiant glow. This treatment is suitable for all skin types and developed to combat dull and dehydrated skin. Using the Retreatment Botanics range this facial works to strengthen the skins natural barrier, provide moisture and leave to skin looking smooth, radiant, and healthy.

This facial is available as an add-on treatment.

MON-FRI $140
SAT & SUN $160

BACK, NECK & SHOULDER MASSAGE

30 MINUTES

Ease tension where you need it most with this fast-acting treatment to calm and de-stress.

Personalised to your unique needs, this targeted massage with pure aromatherapy blends, relaxes tense muscles, re-energises your body and calms your mind.

Includes: Massage to the back, neck and shoulders.

This massage is available as an add-on treatment.

MON-FRI $140
SAT & SUN $160

INVIGORATING SALT PEELING

Full Body Exfoliation

45 MINUTES

Revive the natural softness and glow of the skin with this full body exfoliating treatment. The skin is sprinkled generously with natural sea salt blended with scented oil to buff and polish away dry, dull skin cells. The skin is smooth, nourished and refreshed.

This body exfoliation is available as an add-on treatment.

MON-FRI $140
SAT & SUN $160

LED LIGHT MASK

20 MINUTES

Complement your facial with the best of technology; LED light promotes faster cell turnover, deep oxygenation, and collagen and elastin production for instantly rejuvenated skin.

Your therapist will assess your skin and recommend the most suitable light wavelength for optimal results.

MON-FRI $180
SAT & SUN $200

ENERGIZING FOOT TREATMENT

30 MINUTES

A wonderfully rejuvenating and relaxing treat for your feet. Beginning the treatment with a scrub to stimulate and exfoliate the skin. This is followed by an application of a lactic clay thermal mask to warm, hydrate and nourish.

The feet are then treated to a foot massage and the application of an energizing foot balm to leave the feet feeling light, fresh and tension free.

This foot treatment is available as an add-on treatment.

MON-FRI $110
SAT & SUN $130

SHAPING HAND TREATMENT

30 MINUTES

Rescue tired, rough and parched hands with this intensive, soothing, and replenishing treatment.

Beginning with a hand and lower arm exfoliation to renew and regenerate before the application of a deep nourishing clay thermal mask to leave skin soft, hydrated and renewed.

The treatment is completed with a moisturising hand cream massaged into the lower arms and hands to remove any remaining stress.

This hand treatment is available as an add-on treatment.

MON-FRI $110
SAT & SUN $130

THE DARLING SPA

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PYRMONT
NSW 2009

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